

# ATHENIANSCARE

## Athenians Care Social Commitment

We are called to act and care in the gracious, compassionate, and giving spirit of our founding Sisters of St. Joseph of Carondelet. As Athenians, we belong to a community of care – we are all called to protect and serve one another. Collectively supporting the health and wellbeing of our friends, our families, and our world, can be as easy and effective as committing to a routine with proactive steps.

Therefore, I commit to following Mount Saint Mary's new health and safety guidelines including to wear a face covering, practice proper hygiene, adhere to social distancing, self-monitor and stay home if I feel unwell.

I commit to care for my community by participating in educational events and community wellness activities and to respect myself and others during this time through self-care and/or community care activities.

I place my name on the Athenians Care Commitment because I care as "*dear neighbor*" inspired by our Sisters of St. Joseph and want to be a part of making MSMU a healthier campus.

*"Let your life be a continuous act of love."  
-CSJ Maxim 4*