Attendees at June 2019 RAA-I annual conference

June 2019 RAA-I Conference Report
By: Debra R. Hanna, President, RAA-I

Members of the Roy Adaptation Association—International met in Los Angeles, California on June 7 and 8, 2019 for their annual conference, with the theme: “Adaptation Towards Transformation for the Future.”

Conference Day 1 opened with an intriguing talk by Dr. Scott Ziehm from University of San Francisco, California. (see photos page 5) His presentation “The State of Nursing Science through the DNP and PhD lens: Historical Perspectives and Future Directions” aptly set the stage for two workshops that followed. Dr. Ellen Buckner from Samford University, Alabama, conducted a workshop on Knowledge for DNP education. Dr. Debra Hanna from Molloy College, New York, and Dra. Alejandra Alvarado and Dra. Maria Elisa Moreno-Fergusson from Universidad de la Sabana in Chia, Colombia conducted a second workshop on Knowledge for PhD Education. The Awards ceremony for presenters of Award-winning papers followed. That afternoon, attendees enjoyed a relaxing reception during the poster session.
Conference Day 2 opened with a networking breakfast. Executive Board member Dr. Pamela Senasac guided attendees in an enjoyable ice-breaker exercise. A spirit of welcoming hospitality is part of our annual RAA-I conferences. RAA-I Executive Board members hope to always preserve the spirit of genuine welcome to every colleague.

Sr. Callista Roy gave an inspiring keynote speech: “Adaptation Towards Transformation for the Future.” After a short coffee break, the conference resumed with presentations of award-winning papers. (see reports and photos beginning on page 6)

During the annual Business Meeting the Leadership Mentoring program was described. Nine new mentees were matched with eight mentors in a short ceremony. (see report on page 4) Three newly elected officers of RAA-I were inducted: Dr. Debra Hanna, President, 2019-2012; Dr. Clare Butt, Treasurer, 2019-2021; Dr. Ellen Buckner, Secretary, 2019-2022.

Sr. Callista Roy reported that Dr. Sumiko Tsuhako, our well-loved Executive Board member and First President of RAA-Japan has decided to step down from these roles after more than 13 years. RAA-Japan is transferred to the leadership of Dr. Tsuyako Hidaka. (see story on page 8) Several colleagues from Japan were present at this year’s conference with very good news about the formation at St. Mary’s College in Fukuoka, Japan of a wonderful new nursing research center. From the photos they shared with attendees, we saw that the Roy Academia Nursology Research Center is located in Roy Academia Hall at St. Mary’s College, in Fukuoka, Japan. Indeed, Transformation for RAA-I’s future was evident in several ways this year. (report to be included in Spring 2020 newsletter)

Our next annual conference for RAA-I will be held in Los Angeles, California on June 19, 20, 2020. The theme for the 2020 conference is: Roy Adaptation Model: Contributions to Authentic Nursing Knowledge. The Call for Abstracts was released. Abstracts will be accepted until January 10, 2020. Decisions will be sent by February 14, 2020.

Thanks to our RAA-I Interns

President Debra Hanna thanked Ms. Annabel Salgado and Ms. Alexander Horvath for their invaluable service during the 2019 RAA-I conference. Ms. Annabel Salgado helped with translations, conference registration, flower arrangement and many details that made our conference a welcoming success for all attendees.

Ms. Alexandra Horvath, MSMU summer intern (2019) assisted with taking photographs of our conference events. Alexandra was assigned to work for six weeks during summer 2019 with Mount St. Mary’s University archivist, Mr. Dylan Smith, on Roy Adaptation Model Research Review #4.
As we see the seasons change in different colors around the globe, we appreciate creation and the variety it offers. The Roy Adaptation Association also is in a period of change and diversification. What remains the same is that our Executive Board is planning for RAA Workshops and Conference 2020. We hope that you have received the call for abstracts to distribute. Our theme is The Roy Adaptation Model: Contributions to Authentic Nursing Knowledge. We will return to the lovely Doheny campus of Mount Saint Marys’ University Los Angeles on June 19 and 20, 2020. Please note that abstracts are due on January 10, 2020 and we will make notifications by February 14 to give visitors time to make travel arrangements.

In the fall issue of the RAA Review this time last year, we began the process of electing officers for the first time. The process proceeded successfully, and our new Leadership Team has been working together since induction at the June 2019 Conference on behalf of the goals of the organization. Dr. Debra Hanna, the new President, chairs monthly meetings of the Elected Officers group. Others elected officers are Dr. Ellen Buckner, Secretary, Sister Clare Butt, Treasurer, and Sister Callista Roy, Past President. The leaders consider the Strategic Plan, development in progress for 2020 to 2024, and the temporary By-Laws, an Organizational Structure approved for 5-years that the Executive Board will evaluate and finalize in 2022. The work done by the RAA Executive Board over recent years has provided a foundation for the growth and change we see now.

I will share one example of the forward thinking of our leadership team. Dr. Hanna suggested we could begin to work on our need, identified during Strategic Planning, for new revenue streams beyond membership dues. Her idea was to develop Webinars and to begin with the 2019 Workshop on Knowledge for DNP and PhD Nursing. The Board developed a plan for two Mentees from the Mentorship Program to do an initial review of the workshop tapes to evaluate the feasibility of creating a Webinar. They are both faculty at MSMU that will facilitate the work. As the RAA grows and develops, the Elected Officers, Leadership Mentor group and Executive Board will be involving more members in activities. We see this involvement as good for members who learn about the work and participate more, as well as good for leadership in sharing what needs to be done in relation to the vision and goals of the organization.

We hope you enjoy the features and photos we are sharing from the exciting 2019 Workshops and Conference. It will bring happy memories to those who attended and perhaps encourage others to join us in 2020. We look forward to receiving abstracts and to seeing you in Los Angeles in June 2020.

Thoughts from the Theorist…

Written by Sr. Callista Roy, PhD, RN, FAAN
Founder RAA-I
RAA-I Leadership Mentoring
Drs. Ellen Buckner & Pamela Senesac, Coordinators of Leadership Mentoring Program

The Leadership Mentoring Program began in 2019 with nine mentees, emerging Roy scholars and leaders who have shown their willingness to grow in service to the Roy Adaptation Association-International (RAA-I). Mentees and mentors were introduced to conference attendees. Each person received pins bearing the Roy Adaptation Association logo thanks to the generosity of Dr. Sandra Russo. Initial activities included learning about the RAA-I and its history, working with organization officers, supporting technology development, and growing as manuscript/abstract peer-reviewers. Mentees for 2019-2020 are: Drs. Terri Hannah, Gloria Okoh, Fernand A. de Los Reyes, Abbie Rea, Angelica María Ospina Romero, Jorge Emmanuel Mejía Benavides, Jacqueline Witter, Sandra A. Russo, and Alejandra María Alvarado García. Fernand A. De Los Reyes will present at Nursing Theories Conference, November 2019, representing the Roy Adaptation Model. Thanks to RAA-I Board members and officers who are serving as mentors for this inaugural cohort.

Dr Pamela Senesac pins her mentee, Dr. Jackie Witter
Drs. Yolanda Gonzalez, Pam Senesac, & Sandra Russo

Dr. Scott Ziehm, presents opening talk about the DNP and PhD lens

MSMU Dean & Executive Board member Dr. Leah Fitzgerald, with Sr. Callista Roy, and Dr. Scott Ziehm, conference speaker
The Susan Pollack Award went to Melissa Lord, DNP, Jennifer Hunt, DNP and Ellen Buckner, PhD for their study: Promoting Adaptation in Female Inmates to Reduce Risk of Opioid Overdose Post-Release through Project HOPE. The Lizzie Whetsell Award went to Britton Buckner and Ellen Buckner, PhD, for their work using the Roy Adaptation Model to facilitate child adaptation in refugee-camps. The Carol Baer Award went to Luis Carlos Rodriguez Chanis and Yolanda Gonzalez, PhD of Panama, for their study of people living with chronic heart failure. The General and Mrs. Huberto Valesco Award went to Dra. Alejandra Alvarado Garcia and Dra. Blanca Venegas for their research to develop coping strategies within a group of chronically ill elderly adults. The last award was recently established as a memorial for one of our late RAA-I colleagues from Colombia. The Maria Elena Lopez Award went to Beverly Kass, DNP, of New Jersey for her study that addressed caregiver coping with role strain.

Susan Pollock Award:
Promoting Adaptation in Female Inmates to Reduce Risk of Opioid Overdose Post-release through Project HOPE

Lizzie Whetsell Award:
Intentionally Designed Recovery Programs Facilitate Child Adaptation

Carol Baer Award:
Significance of the Experience of Living with the Chronicity of Heart Failure, Three Years after the Diagnosis

E. Buckner, Jennifer Hunt, Sr. Callista Roy, Melissa Lord

Britton S. Buckner (pictured) and E. Buckner (not pictured here)
General & Mrs. Huberto Valesco Award:
Development of coping strategies to support a group of elderly adults with chronic conditions to adopt healthy behaviors

Maria Elena Lopez Award:
Relationship of Stroke Caregiver Mutuality and Preparedness for Caregiving to Role Strain

Posters Presented (p 5 & p__):
An Analysis of Health Consultation Services in a City Shopping District [RAA-Japan]

Dra. Blanca Venegas and Dra. Alejandra Alvarado

Drs. Tsuyako Hidaka, Satsuki Obama, (pictured) and Nobu Ide (not pictured)
St. Mary’s College, Fukuoka, Japan

Development and Psychometric Analysis of the Roy Adaptation Modes Scale (RAMS) to Measure Coping and Adaptation

Beverly Kass  RN, DNP

Dr. Sandra A. Russo, City University of New York, New York, USA explains her poster to RAA-I president, Debra Hanna, & an attendee
Dr. Sumiko Tsuhako, PhD, RAA-I
Leader Changes Roles

Sumiko Tsuhako, PhD, RN, founded the first international chapter of the Roy Adaptation Association in Japan on June 1, 2006. With her recent move north to the School of Nursing at Seisen Jogakuin College in Nagano, Dr Tsuhako has requested that the next board member for RAA-Japan be selected from St. Mary’s College, in Kurume, Fukuoka, Japan. Sr. Callista Roy and the Executive Board members are all grateful for all of Dr. Tsuhako’s contributions as an Executive Board member, and especially as the first President and Founder of RAA-Japan. Dr. Tsuhako led three RAA-Japan conferences. Two conferences were held at St. Mary’s College, Fukuoka, Japan in 2009 and 2014. One conference was held at Kyoritsu Women’s University in Tokyo, Japan in 2017. Sr. Callista Roy and the Executive Board of RAA-I appreciate Dr. Tsuhako’s continued interest in promoting Roy Adaptation Model research in four schools of Japan. We wish Dr. Tsuhako well in this new role for RAA. We offer her much success and joy in her new endeavors at Seisen Jogakuin College.
Implementing the RAM in a BSN Curriculum at the Universidad Juarez Autonoma de Tabasco: An Innovative Restructuring


*=Universidad Juarez Autonoma de Tabasco & RAA-Mexico
**=Pace University, RAA-I Executive Board member Keville Fredrickson

Faculty & RAA members at Universidad Juarez Autonoma de Tabasco, worked with Dr. Keville Frederickson, Pace University and RAA-I Executive Board member to restructure the undergraduate nursing program based on the philosophical and scientific assumptions of the Roy Adaptation Model.

Building a Curricular Structure to Cultivate a Community of Future Nurse Leaders Dedicated to Providing Holistic Care to Vulnerable Individuals

Abigail Rea (third from left) with her mentor Ellen Buckner, and team members, USA
Several Members of RAA-I Executive Board, June 5, 2019

Top Left to Bottom Right: Pamela Senesac, Clare Butt, Ellen Buckner, Alejandra Alvarado Garcia, Leah Fitzgerald, Debra Hanna, Callista Roy, Yolanda Gonzalez, Stacy Barone.

Sr. Callista Roy with Executive Board member, Dr. Stacey Barone

Dr. Alejandra Alvarado Garcia and Dr. Debra Hanna after their workshop presentation on the Research Doctorate
President Hanna’s
Message to Members:

A New Beginning for RAA-I
An Invitation to All Members

This is a time of tremendous transition for RAA-I in many ways. For the first time, we have three elected officers working with Sr. Callista Roy and our Executive Board members to ensure that the scholarly work that was originally started by Sr. Callista Roy can continue for Roy Scholars worldwide for many years in the future.

For those who are new to RAA, Sr. Callista Roy developed the Roy Adaptation Model during the 1960s, when she was a young graduate student being taught by Dorothy Johnson at UCLA. The RAM was first used at Mount St. Mary’s College, in Los Angeles, CA. Started by the Srs. of St. Joseph, the religious order of Sr. Callista Roy, the college has grown. Today it is Mount St. Mary’s University located on two campus sites: Chalon campus and Doheny campus. RAA has held its conferences on both campuses at different times.

Sr. Callista Roy has worked with countless colleagues throughout the world for decades to help them understand not just the Roy Adaptation Model, but how to understand how to develop nursing knowledge. In the early 1990s, one colleague, the late Dr. Susan Pollack, inspired the formation of what was affectionately called the B-BARNS group: Boston-based Adaptation Research Nursing Society. Some of those original members, such as Dr. Stacey Barone, Dr. Keville Frederickson, Dr. Kathy Lauchner, and Dr. Martha Velasco-Whetsell continue as Executive Board members today. Together they produced an award-winning book about research based on the RAM.

I was Sr. Callista Roy’s doctoral student and research fellow at Boston College from 1998-2001 when BBARNS was active and when RAA was founded. Sr. Callista Roy invited me to join the group officially in 2003. I became a life-time member in 2008.

All these years we’ve held annual conferences and workshops to give a forum for members to share their research using the Roy Adaptation Model. During these years, some of our Executive Board members reached out to others in Mexico, such as Dr. Martha Whetsell, who helped to start a PhD in nursing program there, together with Dr. Keville Frederickson and Sr. Callista Roy. Executive Board member, Dr. Carolyn Padovano, travelled to Japan to work with many Japanese scholars as they developed technology to use RAM in their electronic health records. Dr. Pamela Senesac travelled to Colombia to work with RAA members there. And together all of us have worked to bring the hospitality, knowledge, kindness and spirit of inquiry in collaboration with others that we learned first by working so intimately with Sr. Callista Roy.
Every five years, the Executive Board members have met for two full days of strategic planning. Our usual pattern was to meet for a half day of work on the first day. This was when we worked together on our SWOT analysis. SWOT stands for Strengths, Weaknesses, Opportunities, and Threats. By working on this together in stages, we were able to see which areas of RAA needed attention. Our second day of strategic planning was always the longest, the most productive, and a very satisfying day. Using our insights from the previous day’s SWOT analysis, we joined in a full day of brainstorming, discussions, refining our ideas, and considering what we had heard from our members. By the time we developed our Strategic Plan, we had a good idea of how to concentrate our efforts. It has been my privilege and a true gift to participate in this most collaborative effort by a group of nurse scholars who I consider my friends.

Although I have been actively involved in RAA from its beginning, I realize that this is a new beginning. It has been daunting to take on the elected officer role of President of RAA-I. This time of transition is one that needs careful negotiation so that our future can be peaceful and productive. However, we need the generous assistance from many of our members so that the work can be made lighter for all of us. The recent initiation of a Leadership Mentee group is one pathway to helping new members come forward to volunteer their skills for an organization that now has international chapters around the world. There is substantial behind-the-scenes work to develop annual conferences, newsletters, and to plan for our organization’s future. We do not have a budget at present to hire an administrative assistant. So, I want to invite members to consider how they might volunteer to help our organization remain vital and hospitable to others.

First, please consider renewing your membership and paying dues, since we have no other sources of income and no longer have an administrative assistant to help us. To pay your dues simply go to the RAA website at Mount St. Mary’s University located at: https://www.msnu.edu/about-the-mount/nursing-theory/roy-adaptation-association/raa-membership/

Second, consider submitting your work for presentation at our annual conferences. The due date for abstracts has been moved earlier to January 10, 2020 so that people will have time to make travel arrangements for the June conference.

See the Call for Abstracts attached on the final page of the newsletter.
SAVE THE DATE

CALL FOR ABSTRACTS
Due January 10, 2020

ROY ADAPTATION MODEL:
CONTRIBUTIONS TO AUTHENTIC
NURSING KNOWLEDGE

Workshop and Conference to be held at:
Mount Saint Mary’s University
Doheny Campus
Los Angeles, California

June 19 & 20, 2020

Criteria for evaluation:
Quality of scholarship; Authentic use of Roy Adaptation Model; Potential contribution to practice, education or research; Contribution to conference theme; Potential for further knowledge development

Submit abstracts here.

Notification of abstract acceptance will be made February 14, 2020.