21st Annual Roy Adaptation Association-International Virtual Workshops and Conference

The Roy Adaptation Model:
Theory Uniting and Guiding Practice into the 21st Century

Wednesday, June 8, 2022
Thursday, June 9, 2022
Friday, June 10, 2022

Mount Saint Mary’s University - Los Angeles, California
21st Annual Roy Adaptation Association - International

Virtual Workshops

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into the 21st Century

Wednesday, June 8, 2022
Mount Saint Mary’s University - Los Angeles, California
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## Workshops

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Workshop Program

3pm PST - Workshop One – Practice to Theory: Adaptation in Organizations & Communities; Using RAM at all levels and in all roles to lead in times of a crisis.

Presenters: Dr. Pam Senesac and Dr. Clare Butt

4pm - Break

4:15pm - Workshop Two – Using the Roy Adaptation Model (RAM) and Middle Range Theory in Practice – Adaptation in individuals, families, and nurses during the COVID-19 pandemic.

Presenters: Dr. Ellen Buckner, Dr. Angelica Ospina Romero, and José Nicolás Arévalo Duque

5:15pm - Break

5:30-6:30pm - Application of the Callista Roy Adaptation Model in Moments of Care; from classroom to simulation-based learning.

Presenters: Angelica del Pilar Villarraga Nieto, and Maryory Guevara Lozano
More About the Presenters

Dr. Pam Senesac is retired Associate Professor from University of Massachusetts and Senior Director of Performance Improvement at UMass, Commonwealth Medicine. She is a core member of the Roy Adaptation Association and member of the RAA-I Executive Board who has primary responsibility for organizational leadership of strategic planning for RAA-I.

Sister Clare M. Butt PhD, RN is Coordinator of Transitional Services, Holy Family Province, providing retirement services for Sisters of the Holy Family of Nazareth. She led the development and implementation of the Holy Family University’s Family Center for outreach for families. She has served as a nurse educator for 15 years. She is currently the treasurer of RAA-I.

Ellen B. Buckner PhD, RN, CNE, AE-C, FNAP, is a Professor of Nursing at Moffett & Sanders School of Nursing, Samford University. As a 40+ year nurse educator, her passion is developing nursing honors programs. She is the Secretary of the RAA-I and began its Leadership Mentoring Program in 2019. She is a certified asthma educator and founded the interprofessional Virtual Young Teen Asthma & Wellness Camp based on the Roy Adaptation Model. Dr. Buckner has received the UAB Ingalls Award for Lifetime Achievement in Teaching (2005), the Association of Asthma Educators’ Humanitarian Award for Outstanding Asthma Community Service (2020).

Angelica Maria Ospina Romero is Professor of Nursing, La Sabana University, Chía, Colombia. She served as Head of Care field, Internationalization Coordinator, Simulation Laboratory Coordinator,
Researcher, and Professor for the Care of Women and Families. She applies the Roy Adaptation Model to care for women with gestational loss (2016) and coping during the puerperium (2012). Her research focuses on intervention in the adaptation to neurodevelopment of preterm infants. Her paper, “The future for the adolescent mother: Reorganizing my life and my expectations,” won the 2018 Roy Adaptation Association Lizzie Whetsell Award. She is in the Leadership Mentoring Program of RAA-I.

Nicolas Arevalo is a student nurse from the University of La Sabana, anticipating graduation this summer. He focuses on deepening investigative practice. He is a candidate for specialist in Pediatric Critical Care and member of the Erasmus Project: Student Centered Learning, led by the University of Groningen - The Netherlands. He served as Prosecutor and Coordinator of International Affairs of the Colombian Student Nursing Association during the periods 2020-2021 respectively, with experience in the development, creation and direction of leadership spaces for students. He is an author of the article "Nursing Training: Reflections on remote teaching models by COVID-19" in the 2022 Revista Enfermara Digital de Divulgación Científica (Digital Nursing Journal of Scientific Dissemination).

Angelica del Pilar Villarraga Nieto, is a Nurse, Master in Education and Technology, specialist in Service Management, Clinical Simulation Instructor certified by CMS, Consultant in Breastfeeding; with experience in face-to-face and virtual teaching; expert in experiential learning, objective evaluation, collaborative work, autonomous learning, Problem Based Learning and Simulation Based Learning. She is the leader of the Simulated Hospital and specialized classrooms at Universidad de La Sabana.
Maryory Guevara Lozano, is a Nurse, Master in Nursing from Universidad de La Sabana and specialist in Rehabilitation Management. She has experience with emergency, intensive care, and neurological patients. In university teaching, she has been dedicated to the direction and coordination of academic programs, undergraduate and graduate curriculum management and has accompanied the subject of Fundamentals of Care.
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Thursday, June 9, 2022
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Conference Day 1

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Conference Day 1 Program

3pm PST – Welcome RAA-I President, Carolyn A. Padovano

Welcome from MSMU’s Dean of Nursing, Leah FitzGerald

Icebreaker – Dr. Pam Senesac

3:30pm – Keynote & Discussion: Sister Callista Roy, Theorist

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4:10pm Break – 10 Minutes

4:20pm – Maria Elena Lopez Award: Living with diabetes: the challenge of transforming a lifestyle in Colombian’s adults of a rural area

By Dr. Maria Moreno Fergusson, JE. Cifuentes-Rodríguez,
IE. Rodríguez-Prieto, LI. Sotelo-Díaz, A. Palacios, and
BG. Díaz-Morales.

4:50pm – Lizzie Whetsell Award: Maternal Adaptation Strategies During COVID-19 Using RAM

By Dr. Christine Lee

5:20pm – Break

5:30pm – 6:30pm - Concurrent Poster Presentations:

Poster Session 1A

Poster Session 1B

6:45pm Wrap-Up – President, Carolyn A. Padovano
Poster Session 1A

Adapting to Nursing School Stress: A Simulation to Build Mental Health Skills
By Ronnie Knabe, Noelia Citialin, and Ellen B. Buckner

Incorporation of Roy Model into Nursing Fundamentals Course NUR55 Theory and Practicum
By Joulia Skibinsky

The Psychosocial Modes of the RAM and Student Identity and Behavior in the Language Classroom
By Eric Fortin

Nursing Intervention to Promote the Coping Capacity in Nursing College Students
By Isabel Guerra, and Paola Sarmiento

Factors Affecting Resistance and Adaptation
By Marsha E. Nickerson
Adapting to Family Caregiving following a COVID-19 Intensive Care Unit Hospitalization

By Sheria Robinson-Lane, Florence U. Johnson, Amanda Leggett, Natalie Leonard, Alicia G. Carmichael, and Richard Gonzalez

Caregiver Burden and Adaptation of Dementia Relatives During COVID-19

By Mayam Omar

Adaptation Strategies of the Migrant Woman During Pregnancy, a Health Challenge from C. Roy's Theory

By Ivett Adriana Herrera Zuleta, and A. Ospina

The Effect of Negative Religious Experiences on Women’s Health: A Proposed Grounded Theory Study within the Theoretical Framework of the Roy Adaptation Model

By Beth Schwartz
More About the Award Paper Presenters

**María Elisa Moreno- Fergusson**, BSN, DNS is a professor and researcher at the Faculty of Nursing and Rehabilitation, Universidad de La Sabana, Colombia. She is the Director of the Doctor in Nursing Science program, and has been a member of the RAA-I since 2007.

**Christine Lee** holds a Bachelor’s degree in Nursing and a Master's in Public Health from Loma Linda University with a dual concentration in Health Promotion, Education, and Maternal Child Health, emphasizing Reproductive Health. She holds a Ph.D. from Azusa Pacific University and was the 2021 Randell Lewis Health & Policy Fellow. Christine aspires to be a reproductive health equity researcher applying tools of population health science to accelerate progress and positive change through the integration of nursing practice within the health policy sphere to ensure equitable representation of the maternal-child health population.
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Conference Day 2 Program

3pm PST – Welcome RAA-I President, Carolyn A. Padovano

Welcome from MSMU’s Dean of Nursing, Leah FitzGerald

3:15pm – Susan Pollock Award: Readiness for Reading: Child & Family Adaptation Through Screening and Engagement in Primary Care

By Dr. Holly Wheeler, Stephanie Denton, Gretchen S. McDaniel, and Ellen B. Buckner

3:45pm – The Young Scholar Award Paper: The Roy Adaptation Model: The Key to Student Success in the Operating Room

By Alejandra Castillo, Samantha Isozaki, and Andy Guzman

4:15pm – RAA-I International Research Award Paper: Elucidation of Tacit Knowledge that Supports the Practice of an Expert Nurse Based on the RAM

By Ms. Satsuki Obama, Tsuyako Hidaka, and Shizuko Tanigaki

4:45pm – Break

5:00pm – Annual Business Meeting

5:30pm – Concurrent Poster Presentations:

Poster Session 2A

Poster Session 2B

6:30pm – Closing Remarks & Charge

President, Carolyn A. Padovano

Theorist, Sister Callista Roy

Network After Meeting
Poster Session 2A

The Therapeutic Effect of Prayer on Anxiety within Teenagers

By Mary Nguyen

Roy Adaptation Model (RAM): Increased Understanding of Adiposity and Depressive Symptoms

By Elizabeth Coleman, and M. Rice

Mode of Physiological Adaptation of Sucking Pattern and Craniofacial Growth in Breastfeeding Infants: Protocol

By Laila Gonzalez, Hernández Molina Luz Mery, and Villamizar-Carvajal Beatriz

Adaptation to Motherhood: A Qualitative Study Guided by the Roy Adaptation Model

By Donna West, and Pamela Stewart Fahs
Poster Session 2B

Relationship Between the Mode of Interdependence and Quality of Life from the Perspective of Roy

By Silvia Rosa Cortes Atencio

Home Based Intervention with Support of Family Caregivers in Older Adults with Diabetic Foot Risk

By María Magdalena Delabra-Salinas, B.C. Salazar-González, and M.L. Troutman-Jordan

Coping and Adaptation Processing of Chinese Patients after Acute Myocardial Infarction: a Qualitative Study

By Xiyi Wang, Li Xu, and Shanghai Jiao

From Being-a-Caregiver to Being-Cared-for: The Lived Experience of Adjustment to Spinal Cord Injury a Case Study

By Monserrat Fernandez, and ME. Moreno-Fergusson
More About the Award Paper Presenters

Holly Wheeler has been a registered nurse for 25 years. She has invested in women’s and children’s healthcare during her career and is a dyslexia advocate. She began her nursing career in Birmingham and spent many years at Children’s of Alabama. Most recently, she lived and worked in East Africa and was involved in improving access and quality of care before returning to the United States to finish her doctoral studies at Samford University. She plans to teach nursing at the graduate level and continue to advocate for early screening in the pediatric setting. Additionally, she will promote recommendations for dyslexia screening to be added to the nurse practitioner curriculum.

Alejandra Castillo, Samantha Isozaki, and Andy Guzman are fourth-year nursing students in the Traditional Bachelor of Science in Nursing program at Mount Saint Mary's University, Los Angeles (MSMU). They participated in an eight-week perioperative program to gain inspiration for this project. Alejandra, Andy, and Samantha are all employed as care partners at Children's Hospital of Los Angeles and UCLA Medical Center. Lauren Fujihara, Director of the TBSN program, and Dr. Leah FitzGerald, Dean of Nursing at MSMU, have over 35 years of experience in nursing. They partnered to allow students to explore perioperative nursing by creating the perioperative practicums.
Satsuki Obama, M.S.N., R.N is an associate professor at St. Mary's College and a student in the doctoral nursing of Okayama University. She is a member of the Roy Academia Nursology Research Center. Her study interests are stroke rehabilitation nursing and tacit knowledge of an expert nurse’s practice. She explores the characteristics of tacit knowledge of expert nurses who provide exceptional care for patients based on a deep understanding of the RAM. She hopes to explore RAM-based expert nursing practice and knowledge in the future.