On June 3 and 4 of 2021 was the first virtual Roy Adaptation Association Conference where participants from around the world convened via Zoom to share scholarly work using the Roy Adaptation Model. With more than 120 registrants, it was the largest conference attendance on record.

The Conference opened with a welcome from RAA-I President, Dr. Debra R. Hanna, Ph.D. and MSMU’s Dean of Nursing, Leah FitzGerald, Ph.D. After the warm welcomes, the Award ceremony for the winning papers followed. Shortly after, presentations were given and exhibited. Both Conference Days concluded with a keynote address with the theorist, Sr. Callista Roy, entitled Roy Adaptation Model: Contributions to Authentic Nursing Knowledge: Theorist’s Update 2021. On Conference Day 2, the Annual Business Meeting Review gave members an update on the organization and chapters. Members enjoyed visiting with colleagues around the world through the Zoom Platform, provided through the host institution, Mount Saint Mary’s University, Los Angeles.
For this issue of the RAA-I Newsletter, I am sharing with you my short acceptance speech for a very special award, the 2021 Nell J. Watts Lifetime Achievement in Nursing Award, Sigma.

With humility and joy, I accept the 2021 Nell J. Watts Lifetime Achievement in Nursing Award. I accept this award in honor of nurses around the globe who for the past two years have dealt with lifetime challenges. We always knew that nurses were important. Now everyone knows it. Our television screens show nurses giving vaccines to prevent COVID, working long hours in the ICU, staying with patients, and communicating with families of patients dying from COVID. Nurses have always responded to crises. This pandemic is the largest crisis in this century, maybe two centuries, certainly in the lifetime of all of us!

This award is particularly meaningful to me because I am one among us who had the privilege of knowing Nell Watts. Our paths crossed many times in the 20 years she led Sigma Theta Tau from the small core of 50 U.S chapters into a 125,000 member, 431 chapter international body that even then was known as the world’s largest and most influential nursing organization. Nell visited all the new chapters and the international research conferences. Many times, I was the invited speaker.

I knew up close Nell’s commitment and generosity in growing STTI as an organization for the continued professional growth of nurses after their initial degree in nursing. Her firsts were many—she started the scholarly journal Image and today, it remains our standard-bearer and scholarly journal with the widest distribution. We owe our headquarters building thanks to Nell’s vision and fundraising.

My connections with Sigma have been strong. In 1981 I received an STTI Founders Award named for Dorothy Garrigus Adams which at that time was for Excellence in Fostering Professional Nursing Standards. I was thrilled that my work was recognized for its impact on nursing practice and given to me by Sister Rosemary Donnelly. [ Let me take time to tell you one small story about my connection with Nell. We were at the Research Congress in Edinburgh. Nell contacted me to let me know that at the reception that evening, we had to be in the receiving line with the dignitaries from the city of Edinburgh. I had brought only one professional outfit, and I wore it to give the US keynote. I decided I would buy something else. We had the afternoon off, but I had already figured out how to get to Glasgow to visit the Neuro Institute. I returned to Edinburgh and got off the city bus outside a department store 10 minutes before closing. I asked the first clerk I saw where the Petite Department was. She said, “Oh, you mean, Cut Short,”]
Later, I was surprised to be included in the first year of Sigma’s Research Hall of Fame. I had done some good research but did not feel it was at the level of the other early Research Hall of Fame inductees. Then I realized the award was for my total impact on nursing research. I had provided a framework used by masters and doctoral students and experienced researchers to guide their research. It was only later that I saw the evidence that the Roy Adaptation Model was globally the most widely used nursing framework for education, practice, and research. Some of you may have heard the story that an interviewer asked me about my greatest contribution. My reply then, and now, is that it hasn’t happened yet and will be done by one of my students.

Nell Watts promoted the scholarship of others in so many ways. Our good and loving God blessed me with talents and gave me a few extra years to use them. I humbly accept the Nell Watts Lifetime Achievement in Nursing Award today. Stay tuned; there is more to come by the women and men I have had the privilege of mentoring and those they have influenced. Thank you to all who have contributed to my journey of who I am and what I could do. A special thank you to the Board of Directors of Sigma Theta Tau International for this extraordinary award. Thank you! Thank you!

"We always knew that nurses were important. Now everyone knows it."

PRESIDENT'S MESSAGE
-DR. CAROLYN PADOVANO-

Life amid COVID-19 has undoubtedly changed the world around us, including our communities, families, workplaces, gathering places, and general outlook on life. As a nurse directing a COVID-19 Emergency Response Program for the past few years, I have witnessed COVID-19 and its many variants of insight, fear, anxiety, grief, and frustration in patients, families, and staff members throughout the communities served. Now, more than ever, all of these folks in the communities I serve have relied on nurses and healthcare providers to provide them with reassurance, comfort, compassion, and empathy due to the overwhelming nature and unpredictability of this pandemic.

Now, more than ever, as a nurse, the implementation of Roy’s theory of adaptation has become the most applied principle in my day-to-day work, providing the encouragement and support necessary to create the interventions and strategies that I need to defeat this pandemic and its challenges.

As President of the RAA-I Organization, I ask you to join me in sharing your success stories of applying the Roy Adaptation Model in your practice at our upcoming
virtual conference in 2022. The virtual conference will be held on Thursday, June 9, and Friday, June 10, 2022, and virtual workshops will be held on Wednesday, June 8, 2022. Please see RAA-I 2022 Virtual Conference and Workshop here:

The Roy Adaptation Model: Theory Uniting and Guiding Practice into the 21st Century
https://www.msmu.edu/about-the-mount/nursing-theory/roy-adaptation-association/conference/

On behalf of Sister Callista Roy, the founder of the RAA-I Organization, and the RAA-I Elected Officers, Dr. Ellen Bucker (Secretary), Dr. Clare Butt (Treasurer), and the entire Executive Board, we look forward to seeing you virtually in June 2022!

In gratitude and health, Carolyn

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**2021 WINNING PAPERS**

**Maria Elena Lopez Award: A Qualitative Inquiry: The Nurse Perspective on Tea for the Soul** presented by Dr. Annette Callis

**Lizzie Whetsell Award: Effects of H-HANDS Intervention Compared to Conventional Care on Premature Infants Neurodevelopmental Adaptation for 4 Weeks after Hospital Discharge** presented by Milagros Castaneda

**Susan Pollock Award: Testing of a Theory of Adaptation to Chronic Illness in Adults with Heart Failure** presented by Dr. Xiyi Wang

**Keville Frederickson Award: Characteristics of Nursing Intervention of an Expert Nurse for Stroke Patients based on the Roy Adaptation Model: Elucidation of Tacit Knowledge Hidden in Good Practice** presented by Satsuki Obama

**General & Mrs. Huberto Valesco International Award: Interdisciplinary Implementation of the RAM: How the 6-Step Approach can be Applied to Language Teaching** presented by Eric Fortin
2021 WORKSHOPS

Workshop 1: Development of the Roy Adaptation Modes Scale, Sandra Russo, PhD, Martha V. Whetsell, Ph.D., RN, FAAN

Workshop 2: Special Sorrow through the eyes of children, within the framework of the Roy Adaptation Model, Dra. Aracely Oviedo Diaz and Dra. Martha Whetsell

Workshop 3: Undergraduate nursing education at St. Mary's College in Japan—How the RAM supports nurses’ understanding of people who suffer from illness, Dr. Tsuyako Hidaka, Dr. Satsuki Obama, Dr. Eric Fortin, Dr. Nobu Ide, Dr. Miyuki Kusayang St. Mary’s College, Roy Academia Nursology Research Center, Japan RN
The RAA-J undertook in 2021 conducting Workshop 3 at the RAA-I Virtual Conference in collaboration with the Roy Academia Nursology Research Center of St. Mary’s College. We were delighted to introduce the undergraduate RAM-based nursing education at St. Mary’s College. We will continue to prove that the RAM promotes the maturity of students’ personalities and the maturity of the nursing profession through RAM-based education. The RAM-based case studies that Prof. Hidaka has been conducting for clinical nurses for many years have recently changed.

At Hospital K, nurses’ interests have shifted from problem-solving to holding frequent discussions on receiving and responding to patients’ spiritual suffering. The purpose of the workshops has changed from developing the RAM-based nursing process to exploring philosophy-based nursing practice through case studies grounded on the RAM. The RAM is founded on the philosophical premise that maintains a humanistic view of the world while affirming the spirit of Catholic love as its foundation. Nursing practice based on RAM is required now that people worldwide are suffering. RAA-J will continue to explore the Roy Adaptation Model: Authentic Nursing Knowledge.
The Executive Board, has been working on the Strategic Plan for the last two years as our organization has itself adapted. We now have four priority areas for the organization going forward. We are seeking members who would like to work on one of the committees. If you are interested, email Dr. Pam Senesac <p.senesac@rcn.com> or Dr. Ellen Buckner <ebuckner@gmail.com>. Each committee will have co-chairs and consultants from the executive board and leadership group. We welcome your interest in setting the plans in motion for the future of RAA-I!

COMMITTEE ON RAM THEORY AND KNOWLEDGE DEVELOPMENT
Charge: Continue networking/sharing scholarship through annual conference. Continue to develop middle range theories; continue research reviews. Ensure continuity of fundamental knowledge base.

COMMITTEE ON ORGANIZATIONAL STABILITY
Charge: Explore additional sources of funding needed for long-term support of RAA-I. Increase revenue-generating, dues-paying membership and services. Pursue grant-funding opportunities.

COMMITTEE ON GLOBAL OUTREACH, ENGAGEMENT & INTERNATIONAL CHAPTER DEVELOPMENT
Charge: Promote new chapter development and new global members. Initiate RAM international collaborative research projects.

LEADERSHIP MENTORING PROGRAM UPDATE - DR. ELLEN BUCKNER -

Due to COVID-19, the Leadership Mentoring Program, initially planned for one year, has become a two-year experience. While many mentees worked on the frontline of healthcare, mentoring slowed and was a joy when we could connect. Mentors were supportive within the contexts that mentors and mentees experienced. The mentees and mentors met on a group call in November 2021, and all expressed a desire to continue the program.
Mentees said they wanted more opportunities to socialize on Zoom. Mentors noted the growth of mentees in RAM applications and knowledge about the organization. Mentors and mentees were invited to indicate their interests in serving in leadership roles through the new Strategic Planning Committees, and they indicated their interest areas. At the time of this writing, we anticipate another “call for participants” to begin following the 2022 conference. Watch for more information in the Spring Newsletter!

Ellen Buckner & Pam Senesac, Co-chairs.

MEMBER SPOTLIGHT
- DR. ARACELY DIAZ OVIEDO -

RAA-I Members are involved in worldwide scholarship with the Roy Adaptation Model worldwide. This is the first of our spotlights on those Roy Scholars.

Currently, **Dr. Aracely Diaz Oviedo**, who teaches at the U. Autonoma de San Luis Potosi, Mexico, is a postdoctoral nursing student at the Federal University of Piaui, Terezinha Brasil. Her project is entitled “The formation of nursing theories and models.” The project aims to identify how theories and models are applied in the education of undergraduate students in schools and colleges in Mexico to expand their knowledge of nursing science. The postdoctoral program consists of virtual consulting with the project director, collaborative work in the classroom between Universities, and participation in academic events that contribute to the project. **Dr. Diaz** is a mentor for the RAA-I Leadership Mentoring Program.

**RAA-I ANNOUNCEMENTS**

Congratulations to **Leah Fitzgerald** induction as a Fellow in the American Academy of Nursing (FAAN)!

Congratulations, **Aracely Diaz Oviedo** PhD. MSN, RN, recipient of the National Research Award granted by the Mexican Federation of Schools and Faculties of Nursing in Mexico. She received the award in Fall 2021 at the National Congress, Hotel Barceló Cancún Quintana Roo.
Welcome RAA-I Interns Katie Novoa and Mariam Fhami, students at MSMU. They are both Spanish speakers and can assist with translation, create newsletters, develop programs, support conferences, and communicate with the members!!

Conference Flyers:

https://drive.google.com/file/d/1gtFwth_xUlD0GvI-LQoVPaTKFvpsagj4/view?usp=sharing

https://drive.google.com/file/d/1O8ur9PKGQ_UrbC-2bPq01-S-4_iTMeKT/view?usp=sharing

SAVE THE DATE!

2022 CONFERENCE
THE ROY ADAPTATION MODEL:
THEORY UNITING AND GUIDING
PRACTICE INTO THE 21ST CENTURY

Virtual Workshops and Conference hosted by:
Mount Saint Mary’s University
Los Angeles, California

Thursday, June 9 and Friday, June 10, 2022
Workshops – June 9, 2022

Roy Adaptation Association • Mount St. Mary’s University
12001 Chalon Road • Los Angeles • California • 90049

(SPANISH TRANSLATION BELOW)
(Traducción en español debajo)

RESERVA LA FECHA!

CONFERENCIA EL MODELO DE ADAPTACIÓN DE ROY:
LA TEORÍA QUE UNE Y GUÍA
LA PRÁCTICA EN EL SIGLO XXI

Talleres Virtuales Y Conferencia Presentadas Por:
Mount Saint Mary’s University
Los Angeles, California

Jueves 9 de Junio y Viernes 10 de Junio del 2022
Talleres – 8 de Junio del 2022

Asociación de Adaptación de Roy • Mount St. Mary’s University 12001 Chalon Road • Los Angeles • California • 90049
CALL FOR ABSTRACTS
2022 VIRTUAL CONFERENCE
DEADLINE FOR SUBMISSION: MARCH 1, 2022

THE ROY ADAPTATION MODEL:
THEORY UNITING & GUIDING PRACTICE INTO THE 21ST
CENTURY

Criteria for Evaluation:
- Quality of scholarship
- Authentic use of Roy Adaptation Model
- Potential contribution to practice, education, or research
- Contribution to conference theme, above
- Potential for further knowledge development.

Abstracts will be reviewed during the month of March. Notification of abstract acceptance will be made April 1, 2022.

RAA-I Abstract Requirements:
- Title Limit - 100 characters
- Abstract itself should be no more than one page
- Submit two (2) learning objectives
- Biography of Author(s) - a brief description of the presenters’ education, professional position(s) held, and expertise in the subject area
- Submit one (1) copy

To submit your abstract, see website – https://www.muru.edu/about-the-mount/nursing-theory/roy-adaptation-association/conference/

For questions, contact Dr. Ellen Buckner, ebbuckner@gmail.com or royassociation@gmail.com

(Spanish translation below)
(Traducción en español debajo)

LLAMADA DE RESÚMENES
CONFERENCIA VIRTUAL 2022

PLAZO DE ENTREGA: 1 DE MARZO DE 2022

EL MODELO DE ADAPTACIÓN ROY:
LA TEORÍA QUE UNE Y GUÍA LA PRÁCTICA EN EL SIGLO XXI

Criteria de evaluación:
- Calidad de la beca
- Uso auténtico del modelo de adaptación de Roy
- Contribución potencial a la práctica, la educación o la investigación
- Contribución al tema de la conferencia, arriba
- Potencial para un mayor desarrollo del conocimiento.

Los resúmenes se revisarán durante el mes de Marzo. La notificación de aceptación del resumen se realizará el 1 de Abril de 2022.

Requisitos para el resumen RAA-I:
- Límite de título: 100 caracteres
- El resumen no debe tener más de una página.
- Envíe dos (2) objetivos de aprendizaje
- Biografía del autor (es) - una breve descripción de la educación de los presentadores, los puestos profesionales ocupados y la experiencia en el área temática.
- Envíe una (1) copia

Para enviar su resumen, consulte el sitio web – https://www.muru.edu/about-the-mount/nursing-theory/roy-adaptation-association/conference/

Si tiene preguntas, comuníquese con la Dra. Ellen Buckner, ebbuckner@gmail.com o royassociation@gmail.com
Renew your RAA-I Membership!
Renewal of your annual membership dues can be made anytime before the conference in June. Use the following website to renew your membership:
https://www.msmu.edu/about-the-mount/nursing-theory/roy-adaptation-association/raa-membership/
The renewal fee is $60.

Membership Benefits
Ability to consult with RAA scholars in practice, research, and education in your area of interest
Inclusion on the RAA mailing list
Annual newsletter
Discount on the annual conference
Access to the RAA Listserv
Access to Members only Resource Portal
Online access to all Roy Adaptation Association webinars, events, and content