

ISOLATION

1. Isolate for at least 5 days.
 - Test at Day 5 (antigen test) or later.
2. Wear a medical grade mask when around others, indoors and outdoors, for 10 days.

CLEARING FROM ISOLATION

Isolation can end after Day 5 **ONLY** if all of the following conditions are met:

- Negative COVID-19 test that was collected on day 5 or later **AND**
- No fever for at least 24 hrs without the use of fever-reducing medicine **AND**
- Symptoms are improving **OR**
- Never got symptoms.

Isolation can end after Day 10 if both of these conditions are met:

- No fever for at least 24 hours **AND**
- Symptoms are improving **-OR-**
- Never got symptoms.

QUARANTINE

1. Quarantine for at least 5 days.
 - Test at Day 5 (PCR or antigen test) or later.
2. Wear a medical grade mask, when around others, indoors and outdoors for 10 days.
3. Monitor for symptoms for 10 days.
 - If symptoms develop, test. If test is positive, isolate.

CLEARING FROM QUARANTINE

Quarantine may end after :

- 5 full days have passed from last known contact to the infectious case if they have a negative test (PCR or antigen) result from a specimen collected on Day 5. Activities may resume starting on Day 6. **-OR-**
- 10 full days have passed from last known contact to the infectious case. Activities may resume starting on Day 11 provided if asymptomatic.

QUARANTINE EXEMPT

1. Higher Ed (strongly recommended) – Test (PCR or antigen test) immediately.* If positive, isolate.
2. Test at Day 5 (PCR or antigen test).* If positive, isolate.
3. Wear a medical grade mask, when around others, indoors and outdoors for 10 days.
4. Monitor for symptoms for 10 days.
 - If symptoms develop, test. If test is positive, isolate.

*May access campus while test is pending if asymptomatic.

AT HOME/OVER-THE-COUNTER TESTS

- Use of an FDA-authorized Over-the-Counter test is acceptable for antigen testing requirement.
- Antigen test results may be emailed to Student Health Services (students). The email should include a picture of the test with name and date written on the test in permanent ink. For more information, contact studenthealthservices@msmu.edu.
- Faculty and staff at home tests must be proctored for clearance. For more information, contact HRCOVID@msmu.edu.