

Mary Beth Goring, M.A., LMFT

Director of Counseling and Child Development Services Bilingual Marriage and Family Counselor LMFT 24752 April 2020	John Tracy Center 806 W. Adams Blvd. Los Angeles, CA 90007 213-863-9971 mbgoring@jtc.org ; mostlymez@gmail.com
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PROFILE

Director of department of Counseling and Child Development Services, Licensed Marriage and Family Counselor with Master of Arts in Counseling Psychology. Bilingual in English and Spanish. Experienced in staff administration, individual, couple, family, and group counseling, supervision of mental health interns, early childhood developmental screening, community special needs referrals, and adult education. Adjunct faculty, Mount Saint Mary's University.

EDUCATION AND LICENSURE

Marriage, Family, and Child Counseling License 1988
State of California

Master of Arts 1984
Loyola Marymount University

Counseling Psychology. Coursework completed satisfied requirements for LMFT in the State of California.

Bachelor of Science in Education 1979
With Distinction
University of Kansas

Completed educational requirements and field training for certification as teacher of Elementary Education in the State of Kansas. Member of Phi Kappa Phi and Sigma Delta Pi (Honor Societies).

PUBLICATIONS, PRESENTATIONS, RESEARCH, AND TEACHING TOPICS

No Two Alike: Siblings in the Family with Hearing Loss, article
Volta Voices, Vol. 8, No. 2, March/April, 2001

Keeping it Together: Preserving Your Marriage When Your Child Has a Hearing Loss, article
Volta Voices, Vol. 12, No. 1, January/February, 2005

Presentations, Alexander Graham Bell Association for the Deaf International Conventions, 1996, 1998, 2000, 2004, 2008, 2014, 2016: Keeping it Together: How Couples Cope with Their Child's Hearing Loss. Siblings of Children with Hearing Loss; Serving Hispanic Families with Young Deaf Children Effectively, The Couple Relationship, Providing Difficult News, Support Groups.

Workshops and Adult Education Topics: English & Spanish language presentations to parents of young children with hearing loss and professionals who work with them, at John Tracy Clinic, Los Angeles, and multiple U.S. locations, 1988-present: Behavior Management, Grieving, Family Dynamics, Siblings in the Family with Hearing Loss, Stress Management, Financial Resources and Tips, Parent-Professional Partnerships, Support Groups, Sensory Integration, and Regulation.

Presentations in Spanish (international): Parent Grief Process and Management; Couple Relationship; Siblings of Children with Hearing Loss; Self-regulation, Sensory Processing in Children

with Hearing Loss, and Behavior Management; Parent-professional Collaboration, Delivering Bad News, Support Groups, presented in Mexico, Venezuela, Spain, Colombia, and Argentina 2000-2017.

Research: Family Relationships Survey, administered to couples attending JTC, 2003-4.

EXPERIENCE

Director & Bilingual Marriage and Family Therapist October, 1987- Present

John Tracy Center (formerly John Tracy Clinic) Los Angeles, CA

- **Director of Counseling and Child Development Services**-2006-present: provide supervision and administrative oversight to a staff of counselors, mental health interns, sibling program staff, and occupational therapists; direct all administrative duties for the department.
- Provide a range of counseling services to families of children who receive services from John Tracy Clinic (families of children who are deaf and hard of hearing).
- Facilitate support groups for parents and siblings of young children who are deaf and hard of hearing.
- Developmental observations, screenings and evaluations of young children who are both hearing and deaf and hard of hearing and who receive JTC services.
- Teach adult education classes to parents of children who receive JTC services. Please see above for topics.
- Train members of John Tracy Clinic professional staff in topics such as working effectively with parents who are grieving and under stress, and personal stress management.
- **Director of Audiology and Consultation Services**- February 2010-February 2012: Provide supervision and administrative oversight to all audiology and consultation services staff.
- **University instructor, Mount St. Mary's University:** Teach class in "Supporting Families" to graduate students in Master's-level Deaf and Hard of Hearing teacher-training program, 2013-2014, 2017-2019
- **University instructor, San Diego University:** Teach class in "Supporting Families" to graduate students in Master's-level Deaf and Hard of Hearing teacher-training program, 2006-09, 2012.
- Direct Spanish Professional Course (Curso para profesionales en español), a once-yearly 2-week intensive onsite and online training for professionals from Latin America and Spain in providing parent-centered services to their deaf students and clients. (Yearly courses provided 2011-2018.)
Bilingual family counselor, 1087-present

Outpatient Psychotherapist Sept. 1984-May, 1988

Community Counseling Service-Amanecer, Los Angeles, CA

Provided intake counseling and psychotherapy in interdisciplinary outpatient county-contracted community mental health agency.

- Conducted intake interviews and provided resource and referral services to clients.
- Provided short and long term psychotherapy to clients with a variety of presenting problems and diagnoses. Clients included, among others, chronically mentally ill, Central American refugees, victims of torture, and survivors of domestic violence and child abuse.
- Facilitated group counseling sessions for clients with a variety of diagnoses.
- Taught weekly parenting classes to self- and court-referred clients.

Teacher, Elementary English as a Second Language 1980-1982

Shawnee Mission School District 512, Shawnee Mission, KS

Designed curriculum and taught English as a Second Language to students K-6th grade.

Teacher, Bilingual Preschool 1979-1980

School District U-46, Elgin, IL

Taught preschool to bilingual Spanish-English 4-year-old students in the immigrant community of Elgin, IL.