United Kingdom:
Distinguished Global Scholars in International Social Welfare with Dr. Melendres at Mount Saint Mary’s University

Travel Dates:
May 24, 2021 – June 7, 2021

Departing From: Los Angeles
Tour Center ID: Melendres-9704

This Explorica customized private group tour in international social welfare to the United Kingdom has been prepared collaboratively by:
Explorica Program Consultant: John-Paul Panelli
Explorica Operations: London Office

Group Leader: Dr. Michelle Melendres, Associate Professor, Department of Social Work, Mount Saint Mary’s University

in consultation with the following individuals/organizations for their respective participation:
Prof. Phyllis Cripps, Senior Lecturer, Social Work, University of Greenwich
Prof. Jackie Yaskey, Senior Lecturer, Social Work, University of Greenwich
Alistair Brown, National Director, Scottish Association of Social Workers – SASW
Luke Geoghegan, Head of Policy and Research, British Association of Social Workers – BASW
About Explorica

We work one-on-one with teachers to create incredible educational tours that meet their specific needs and budget. All Explorica tours are fully inclusive and expertly designed to immerse participants in the local culture while introducing them to the people, places and experiences that make each destination unique.

Explorica is committed to enriching students through educational travel, and that means helping teachers extend the opportunity to as many students as possible. In addition to offering the guaranteed best prices in educational travel, we also provide scholarships, need-based financial assistance, and a variety of resources to ensure that every student is able to join their classmates on the trip of a lifetime. We help more than 400,000 students and teachers experience exceptional educational travel each year.

Focused on You

As our offerings have grown through the years, our focus remains the same: provide the highest-quality tour components at the guaranteed best prices with the most innovative, responsive and attentive service in the industry.

We give you a dedicated trip planning consultant—a veteran travel expert who works exclusively with teachers planning educational tours—to help you set up your trip and get ready to travel. From recruitment resources and a network of teacher mentors, to informative webinars and trainings, we provide the support you need for an incredible trip.

On tour, your experienced Explorica tour director guides your group every step of the way. They leverage their local expertise to bring the destinations to life and provide insider tips you won’t find in guidebooks.

Behind the scenes, our expert operations team watches over your group to preempt any problem that may arise along the way, and our dedicated customer care team is at your service to provide immediate assistance anytime, anywhere you may need us. From start to finish, our focus is you.

Safety and Security

Explorica takes every precaution possible to ensure the safety of you and your group. With more than 17 years' experience organizing trips to all seven continents, and an additional 50 years of collective experience provided by our partnership with WorldStrides, we have cultivated the resources that makes us an industry leader in safety. Our partnership with WorldStrides means that we are part of a family that gives 400,000 students from more than 5,000 K-12 schools and universities the opportunity, each year, to connect with their education in new and meaningful ways around the globe. We now operate out of 45 operation centers on six continents, meaning wherever you travel, we’ll be able to support you.

Tour Director

An expert Tour Director who is fluent in your tour destinations’ languages and customs will be with your group every step of the way, providing constant and immediate guidance. Tour directors are an important part of your on-tour experience. Their job begins well before you arrive and ends long after you head home. They are there to provide information, manage all on-tour logistics, reservation confirmations, Tour Diary updates, and to assist with any emergencies. In the event of any issues with travelers on tour, your Tour Director will be there to help support all Group Leader decisions. They have been thoroughly trained to handle any safety situations that may arise.

Comprehensive Coverage

Explorica’s liability insurance is the largest in the industry at $50 million. This policy extends coverage to the program leader and chaperones, as well as the school and school board. So you and your academic organization can rest assured that you are protected while traveling with Explorica.

24/7 Emergency Support

For any problems that may arise, our dedicated Emergency Contact Line is always ready to provide assistance. And with offices around the world and representatives in every country we travel to, we’re ready to be there when you need us.
Monday, May 24, 2021 – Day 1 – Depart Los Angeles

Tuesday, May 25, 2021 – Day 2 – Scotland
• Arrive in Glasgow, Scotland: Meet our Tour Director, Airport Transfer, and Brief Orientation to Scotland and the People of Scotland by Explorica Tour Director
• Community Immersion Walking Tour with an Introduction to Scotland via the Highlands with Explorica Tour Director

Wednesday, May 26, 2021 – Day 3 – Scotland
• Glencoe and Loch Ness
• Organized Private Tour of Culloden Moor – a chance to learn about Scotland’s past and history with particular focus on the Jacobite Rising.

Thursday, May 27, 2021 – Day 4 – Edinburgh, Scotland
• Travel to Edinburgh
• Organized Private Tour of Stirling Castle Visit – a chance to learn about Scotland’s past and history and the impact it has had on Scotland’s development and eventual unification with England.
• Visit and lecture on social work and social welfare in Scotland with the Scottish Association of Social Workers (SASW – a branch of the British Association of Social Workers BASW) Edinburgh, Scotland (as organized by Alistair Brown, National Director, Scottish Association of Social Workers – SASW)

Friday, May 28, 2021 – Day 5 – Edinburgh, Scotland
• Community Immersion Walking Tour and Introduction to Edinburgh via Edinburgh City Walk with Explorica Tour Director
• Organized Private Tour with Edinburgh Castle Visit – a chance to learn about Scotland’s past and history and the impact it has had on Scotland’s development and eventual unification with England.
• Organized Private Tour with the People’s Story Museum – a chance to learn about Edinburgh’s working class from the 18th-20th century.

• Travel to London Via Train
• Community Immersion Walking Tour and Introduction to England via London City Walk with Explorica Tour Director

• Visit and lecture on social work and social welfare in England with the British Association of Social Workers (BASW) London, England (as organized by Luke Geoghegan, Head of Policy and Research, British Association of Social Workers – BASW)
• Organized Private Tour of Toynbee Hall – a chance to learn about the world’s first settlement house and the roots of modern-day social work.

• Organized Private Tour with the United Kingdom Houses of Parliament – a chance to learn about the United Kingdom’s governmental structure, its legislation, social welfare policies, immigration policies, and the current state of Brexit.
• London Guided Sightseeing Tour alongside Licensed Tour Guide Department of Social Work faculty
United Kingdom Tentative Travel Itinerary
Mount Saint Mary’s University – Dr. Michelle Melendres
May 24, 2021 – June 7, 2021

This is a tentative travel itinerary. All dates and locations noted below reflect an abbreviated version of the possible order of events and visits. Kindly understand that this itinerary may change due to availability and scheduling. Detailed descriptions are included in the section to follow.

Tuesday, June 1, 2021 – Day 9 – London, England
• International Social Work Academic Component with the University of Greenwich: Visit and lectures hosted by the University of Greenwich and Mount Saint Mary’s University for a joint collaborative all-day workshop about international social work.

• Social Welfare Site Visit: Organized social work field site visit.

• Social Welfare Site Visit: Organized social work field site visit.

Friday, June 4, 2021 – Day 12 – London, England
• Organized Private Tour of The Freud Museum – a chance to learn about the impact Freud and psychoanalysis has on the intersection of mental health and social welfare.
• Organized Private Tour of Fondling Museum – a chance to learn about the history of the Fondling Hospital, the United Kingdom’s first children’s charity.

• International Social Work Academic Component with the University of Greenwich: Joint collaborative wrap up hosted by Mount Saint Mary’s University and University of Greenwich

• Pre-Departure Class w/ Dr. Michelle Melendres in a rented hotel meeting room space
• Group Farewell Dinner – Mount Saint Mary’s University

Monday, June 7, 2021 – Day 15 – End Tour: Depart the United Kingdom
• Depart London
• Arrive Los Angeles
Collaboration with the University of Greenwich:

- During the Spring 2021 semester, Dr. Michelle Melendres of Mount Saint Mary’s University and Prof. Phyllis Cripps and Prof. Jackie Yaskey of the University of Greenwich will collaborate in their respective courses where students will learn about international social welfare in the United States/United Kingdom with themes related to immigration/refugees/asylum seekers. Readings have been selected jointly as a preface to the discussions, assignments, and research students will engage in via email/video conferencing prior to departure and then ultimately during the summer United Kingdom visit. In addition to the already established teaching collaboration during the Spring 2021 as well as the established learning collaboration among their students, the collaboration while in the United Kingdom will include:
- Two days of joint workshops, lectures, and classes co-hosted by the University of Greenwich on Day 9 and Day 13 to include the following, but not limited to: Guest lectures by the University of Greenwich about social welfare policy in the UK and the impact on immigration and current state of Brexit and organized social work field site visits with organizations relative to the focus of this trip.

Collaboration with the Scottish Association of Social Workers and the British Association of Social Workers:

- Scottish Association of Social Workers (SASW). Confirmed onsite visit at the main central offices and guest lectures with the Scottish Association of Social Workers (SASW) in Edinburgh, Scotland, with a focus on an introductory level of social work practice and social welfare policies in Scotland. This “Introduction to Social Work in Scotland” will provide a context of its historical context as well as the key challenges as it pertains to social welfare issues and policies. As discussed with Alistair Brown, these lectures will include: mental health practice and law with all ages, champion social work resilience and wellbeing with mindfulness and reflective practice tools, building social work communities of practice, refugee and migrant legal appeals, lived experience of parents whose children are removed, etc. In addition to learning about the SASW, students will have the opportunity to meet with staff individually or in small groups about topics of interest to them, to gather information and content as a means to build upon the research they will be doing for their work in SW_135: International Social Work. *Contact: Alistair Brown, National Director, Scottish Association of Social Workers*
- British Association of Social Workers (BASW). Confirmed onsite visit at the main central offices and guest lectures with the British Association of Social Workers (BASW) in London, England, with a focus on an introductory level of social work practice and social welfare policies in England. This “Introduction to Social Work in England” will provide a context of its historical context as well as the key challenges as it pertains to social welfare issues and policies, including Brexit. As discussed with Luke Geoghegan, these lectures will include: providing an understanding of the structure of the social welfare system; how it’s funded and delivered (predominantly by local government), the various specializations within the field of social welfare, how they are defined by distinct legislation, policies, processes, and procedures, etc. In addition to learning about the BASW, students will have the opportunity to meet with staff individually or in small groups about topics of interest to them, to gather information and content as a means to build upon the research they will be doing for their work in SW_135: International Social Work. *Contact: Luke Geoghegan, Head of Policy and Research, British Association of Social Workers*
Community Immersion Tours in Scotland and England:
Explorica will be providing a Tour Director who is an expert on the United Kingdom – local laws, local customs, local norms. Upon arrival to Scotland and England, our licensed Tour Director will provide an introduction to each respective area to help students get acclimated and know their bearings. Various points of discussion will include logistical and historical orientation information as well as topics to build upon as noted in the cultural and educational site visits. Additionally, the Explorica Tour Director is a full-time individual who will be on tour 24/7, being a point of contact for any possible emergencies while abroad.

Cultural & Educational Site Visits Related to Social Welfare While Abroad in the United Kingdom (all site visits will include organized private tours tailored to the themes and purpose of the course and trip):
All organized private tours (confirmed) have been specifically and carefully selected as they relate to learning about the people or communities in each respective city/country or to learn about topics as it relates to social welfare so students are able to gather information and content as a means to build upon the work they will be doing for their work in SW_135: International Social Work. In this way, they will be able to speak directly to historians, museum docents, museum curators, or other staff and professionals at social welfare sites:

• **Culloden Moor.** A licensed expert/historian from Culloden Moor will provide a private tour for Mount Saint Mary’s University where students will learn about the 1745 Rising from both the Jacobite and government perspectives as well as the influential factors that led to the Battle of Culloden.

• **Stirling Castle Visit.** A licensed expert/historian from Stirling Castle will provide a private tour for Mount Saint Mary’s University where students will discover the people and events which have shaped Scotland’s history and past.

• **People’s Story Museum.** A licensed expert/historian from the People’s Story Museum will provide a private tour for Mount Saint Mary’s University where students will gain unique insight into Edinburgh’s working-class people from the 18th century to the late 20th century. Students will explore banners for street protests, social reform movements, trade unions, etc.

• **Edinburgh Castle Visit.** A licensed expert/historian from the Edinburgh Castle will provide a private tour for Mount Saint Mary’s University where students will discover the people and events which have shaped Scotland’s history and past.

• **Toynbee Hall.** A social welfare staff from Toynbee Hall will provide a private tour for Mount Saint Mary’s University where students will learn about the stories of social action from the world’s first settlement house and a site for modern day social welfare policies and practices. Toynbee Hall was created as a means to respond to a growing realization that enduring social change would not be achieved through the existing individualized and piecemeal approaches but rather, through a creation of a centralized place for future leaders to live and work providing them with opportunities to develop practical solutions for change.

• **United Kingdom Houses of Parliament.** A licensed expert/historian from the UK Houses of Parliament will provide a private tour for Mount Saint Mary’s University where students will learn about social welfare policy, immigration policy, and the impact of and current state of Brexit.

• **The Freud Museum.** A member from the education team at the The Freud Museum will provide a private tour for Mount Saint Mary’s University where students will discover the impact that Freud and psychoanalysis has on mental health and social welfare.

• **Fondling Museum.** A licensed expert/historian from the Fondling Museum will provide a private tour for Mount Saint Mary’s University where students will learn about the history of the Fondling Hospital, the United Kingdom’s first children’s charity.
TRAVEL PROTECTION (optional)

- **Travel Protection Plan:** $12/day  
  - Covers most on-tour emergencies*
- **Travel Protection Plan Plus:** $18/day  
  - Same as above and includes a “Cancel for any Reason” benefit*

*Please go to www.explorica.com for full details regarding the travel protection plans coverage.

FLEXIBLE PAYMENT PLANS

**Monthly Automated Plan:**
1. $50 Deposit (and optional travel protection) paid upon registration
2. Billed automatically to your credit card or checking account
3. Balance divided into equal monthly payments until 35 days prior to departure

**Full Payment Plan:**
Pay in full at time of enrollment.

**4-Step Manual Plan (not automatic):**
1. $99 Deposit (and optional travel protection) paid upon registration
2. 30 days after registration, 2nd payment of $500 is due
3. 75% of your balance due 105 days prior to departure
4. Remainder balance due 65 days prior to departure

**PRICE INVESTMENT**

**Tour Quote Breakdown**

The following fees apply to full-paying participants:

- Tour Fee* $4,300
- Weekend Supplement – Departing $35
- Weekend Supplement – Returning $35
- Private Group Fee -$97
- MSMU348 Discount (expires Fall 2019) -$348

TOTAL $3,925

Travelers under 23 years $3,925  
Travelers 23 and above $4,365

**Additional Adult Fees**

The following additional fees apply only to full-paying participants 23 and older and are not included in the total price previously listed:

- Adult Supplement $125
- Twin Room Upgrade $315

**NOTE:** Tour Quote Breakdown prices and overall costs may change depending on time of sign-up and any additional add on costs at participant’s discretion.
What does the tour fee include?

**PRICE INCLUSIONS:**
- Round-trip airfare
- Airport transfers
- Train from Edinburgh to London
- Daily ground transportation
- All hotels with private bathrooms
- Breakfast daily
- Farewell group dinner
- Access to hotel meeting space for on-site lectures by Dr. Michelle Melendres
- Organized visit and lectures by the Scottish Association of Social Workers
- Organized visit and lectures by the British Association of Social Workers
- Organized visit and lectures alongside the University of Greenwich
- All community immersion walking tours
- All organized private tours of sites/museums per itinerary
- Daily Tube Pass
- Full-time services of a professional multilingual licensed Tour Director
- Online Tour Diary

What does the tour fee NOT include?

**PRICE EXCLUSIONS:**
- Passport/Visa fees
- Tipping for TD/Bus Drivers./Local Guides
- Water/Snacks/Lunches/Dinners (not specified)
- Souvenirs/Shopping
- Other personal expenses
- Other Activities & Transportation not specified
- Additional Airline Costs outside of normal inclusions (extra weight baggage fee, upgraded seats, etc.)
- Additional Fees for Participants 23+ Additional Fees for individualized Rooming Options
- Additional Fees for Travel Insurance
- *Enrollment over 20 total participants will likely decrease price/Enrollment under 15 may increase price*

Questions?

Please contact the Distinguished Global Scholars in International Social Welfare Group Leader Dr. Michelle Melendres, Associate Professor in the Department of Social Work at Mount Saint Mary’s University at mmelendres@msmu.edu

145 Tremont Street, 6th fl. Boston, MA 02111 tel: 1.888.310.7121 fax: 1.888.310.7088