Students as Leaders
Students will self-identify as leaders and will develop understanding of and skill in the Mount Leads Principles, including Awareness of Self & Personal Wellness, Ethical Decision Making & Integrity, Critical Thinking & Communication Skills and Active Citizenship.

Students as Appreciative Members of Diverse Communities
Students will actively cultivate an appreciation for diversity and alternative perspectives, engaging with groups and cultures different from their own, and moving from a personal to an extended and inclusive perspective.

Students as Champions of Wellness and Healthy Relationships
Students will work together toward optimal wellness, meeting the Mount goals to Eat Green, Sleep Well, De-Stress and Move More. As champions of wellness, students will acquire the tools to improve their overall health and will promote safe and mutually respectful relationships for themselves and others.

Students as Responsible Participants in the Local and Global Community
Students will be empowered as agents of change, identifying, analyzing and addressing injustices in their local communities and advancing their understanding of global perspectives and concerns. With civility as a foundational tool, students will learn to challenge systemic injustice and to seek change for the common good.

Students of Conscience
Students will have an awareness of their personal beliefs, values and attitudes and articulate how these, in partnership with educated reflection and discernment, form a conscience that serves as the basis for their choices and actions. Students will use their conscience to shape their own university experience and work for freedom and democracy.

Students as Learners
Students will recognize, engage in and integrate learning experiences outside the classroom, including skills in communication, critical and creative thinking, leadership and teamwork.